

→ 2017 Nottingham City Swim Galas

KS3 GALA EVENT LIST



Harvey Hadden Sports Village Gala Times: 9:30 – 11:00 18 May 2017

The first race is scheduled to start at 09:30am. Please make sure that your team members are ready for each race! At the start of the race, the next swimmers should be waiting at the correct end of the pool, ready to start. This is the Team Managers responsibility. Please ensure that only swimmers and staff are poolside.

Please note- where possible, we will look to add additional wildcard events into the timetable, however this will be time permitting. All heats will take place first, with additional races added to the end of the programme.

Race No	Girls/Boys	Race Type	Race Details
1	Girls	1 length front crawl	Deep End Start
2	Boys	1 length front crawl	Deep End Start
3	Girls	2 length's Breaststroke	Shallow end start
4	Boys	2 length's Breaststroke	Shallow end start
5	Girls	1 length back crawl	Deep End Start
6	Boys	1 length back crawl	Deep End Start
7	Girls	2 length's front crawl	Shallow end start
8	Boys	2 length's front crawl	Shallow end start
9	Girls	1 Length Breaststroke	Deep End Start
10	Boys	1 Length Breaststroke	Deep End Start
11	Girls	2 length's back crawl	Shallow end start
12	Boys	2 length's back crawl	Shallow end start
13	Girls & Boys	Cannon Relay (4 x girls & 4 x boys)	Shallow end start 4 swimmers each end



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The wildcard events scheduled below are to celebrate the national curriculum at personal survival in water. Points are not awarded, should you wish to bring a team to practise before the gala, please do not hesitate to contact me.

Race No	Girls/Boys	Race Type	Race Details No points awarded
1	Girls	1 length obstacle course including surface dives	Deep End Start
2	Boys	1 length obstacle course including surface dives	Deep End Start
3	Girls	1 length sculling head first	Shallow end start
4	Boys	1 length sculling head first	Shallow end start
5	Girls	4 lengths woggle relay	Deep End Start
6	Boys	4 lengths woggle relay	Deep End Start
7	Girls	Polo Ball push relay (4 girls)	Shallow end start
8	Boys	Polo Ball push relay (4 boys)	Shallow end start



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